**Appendix 3**

**SSoDOH Assignment, Session 2: Health Equity – Inspiring Action in Our Communities**

Thank you for participating in the first SoDOH session. This week’s session will also use a restorative practice framework to expand upon our personal reflections on our interactions with health inequity towards active promotion of equity. We will take inspiration from histories of equity-based activism couched in the context of inequities and relate them to a local understanding of the structural and social determinants of health.

**Before your session, please review the required material outlined below:**

**Required** Readings

1. A City Divided: <https://www.timesunion.com/projects/2021/albany-divided/>
2. “Addressing the Social Determinants of Children’s Health: A Cliff Analogy”: <http://www.hawaiipublichealth.org/resources/Documents/2-Jones-cliff-2009.pdf>
3. Ending Structural Racism in the US Health Care System to Eliminate Health Care Inequities https://jamanetwork-com.elibrary.amc.edu/journals/jama/fullarticle/2783091

Reflection Question

*Reflecting on the readings above, what resonated with you? Where did you struggle?*

Additional resources if you’d like to dig deeper – **not required**

1. Strengthen your shared understanding of your local racial history. Some communities have specialized resources that offer timelines (e.g., <https://datasmart.ash.harvard.edu/news/article/map-of-the-month-redlining-louisville-1062>)
2. Allegories on Race and Racism. https://www.youtube.com/watch?v=GNhcY6fTyBM
3. An illustration of how the structural system of racism operates: Homer G. Phillips Hospital
   * <https://en.wikipedia.org/wiki/Homer_G._Phillips_Hospital>
   * Trailer only available here: <https://www.kweli.tv/programs/the-color-of-medicine>
4. Angela Glover Blackwell: “Curb Cut Effect”: <https://ssir.org/articles/entry/the_curb_cut_effect>
5. Unequal Treatment – Chapter 5 Interventions: Systemic Strategies p 180-199: <https://www.ncbi.nlm.nih.gov/books/NBK220363/>

**To summarize, here is what you should do to prepare for our second session**

1. Complete required learning material
2. Consider reflection question
3. Have a small item of significance ready to share that symbolizes an aspect of your transition to medical school or another transition you’ve had in your life
4. Arrive in the circle at least 5 minutes before start time