



**Perinatal Depression Curriculum  
Practice and Confidence Eval Questions**

**Currently in our clinic we implement:**

Not yet implementing      Partially Implementing      Fully Implementing

A validated perinatal depression screening tool at the 1-, 2-, 4-, and 6-month well-visits			
A social-emotional screening tool for infants and young children whose healthy social-emotional development is at-risk			
Routine elicitation of strengths and risks			
Common factors/motivational interviewing communication skills to engage families in addressing risks and planning together			
Relationships with community resources to link the infant/dyad/family with support and services			

**I have confidence in:**

Not Confident      Somewhat Confident      Very Confident

Interpreting and discussing the responses on a perinatal depression screening tool with the caregiver who completed it			
Interpreting and discussing the results of a social-emotional screening tool with the caregiver who completed it			
Promoting strengths/protective factors			
Using common factors/motivational interviewing communication skills to engage families			
Making warm handoffs to link families with community resources and mental health resources			